



# **Kusudalweni**

*Safari Lodge & Spa*

Portion 143, Farm Guernsey,  
Guernsey Private Nature Reserve,  
Hoedspruit,  
Limpopo, South Africa.  
1380  
Tel: +27 63 3025358  
VAT No: 4580270967

## **KUSUDALWENI SPA TREATMENTS**

**Matsimela** have created a unique and ever evolving product range that incorporates the finest ingredients selected for their beneficial properties. They endeavour to source their ingredients through rural communities in their commitments to make South Africa a better place for all.

With a wide range of products available we are able to perform a multitude of treatments as well as offering a retail range guests can take home and enjoy.

### **Full body massage (Hot stone or Aromatherapy)**

Lay back, relax and enjoy a rejuvenating full body massage, our massage oil is a unique mixture of oils blended to make a truly special product. Avocado oil, Arnica, Mafura oil as well as natural vitamin E is combined into 3 synergies.

**60 minutes R800, 90 minutes R1100**

### **Cleansing and relaxing back, neck & shoulder treatment**

A treatment that stimulates the lymphatic system, rejuvenating the nervous system and awakening the skin at cellular level. Great for a congested back area as well as tense back muscles.

**60 minutes R800**

### **Indian Head Massage**

The ritual combines a renewing and purifying tea tree, lavender and thyme facial scrub followed by a harmonizing head, neck and face massage with the purpose of manipulating energy channels to restore vitality and clarity of mind.

**60min | R1 045**

### **Body Exfoliation**

This lavish exfoliation with either a Kalahari Salt scrub or Sugar salt scrub gently eliminates all traces of dull skin cells and impurities. After the exfoliation, an application of softening butter is applied leaving the body fully quenched and silky smooth.

**60min R800**

### **Body Butter Wrap**

This wrap provides a luxurious experience that will deeply moisturise dry skin, soothe sensitive skin and improve skin tone and suppleness. It will aid in the removal of surface impurities and deeply moisturise the skin. The butter is allowed to penetrate and is then gently massaged into the skin.

**60min R1000**



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## **Time out Facial**

First a naturally derived refreshing light exfoliating mask containing Alpha Hydroxy acids. Pure Marula oil and plateacare extracts is used to thoroughly exfoliate the face. Followed by a mud mask containing Thermal mud Oligo elements, pure organic green rooibos tea and Kaolin to remove any underlying congestion, we then complete with a butter mask containing organic Ubuntu African oils, pure Baobab oil and a selection of special plant extracts.

**R550**

## **HEATED MILK AND HONEY BATH Foot massage**

This is an extremely relaxing journey and a perfect nourishing treatment to hydrate your skin. The Milk and Honey Bath is rich in antioxidants making it beneficial to your heart health allowing blood pressure to lower and improve cholesterol.

45MINS | R510